

Palestine YMCA

Football Clinic

August 10 – 13, 2010

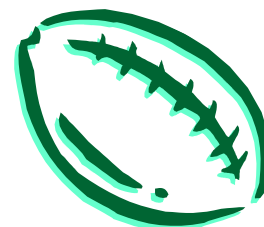
9:00am – 12:00 pm

Grades 3 - 8



Registration Now thru August 7, 2010

Fees: \$59.00 - Y member
 \$69.00 - Program participant



Instructor: *Coach Caleb Choate*

Emphasis will be on fundamental skills. Participants will learn the difference between a good player and a great player is attention to details.

The clinic will cover proper warm up, position specifics, throwing and defensive drills and mental toughness.

Program fee includes t-shirt.



For more information contact
(903) 729-3139 or check out
www.palestineymca.org